



# ST FRANCIS XAVIER ARMADALE

Parish Office: 9399 2143 / 9399 4687

Address: 279 Forrest Road, Hilbert 6112

Office Hours: Monday - Friday 9.00am to 4.00pm

E-mail: [armadale@perthcatholic.org.au](mailto:armadale@perthcatholic.org.au)

Planned Giving: [accounts.armadale@perthcatholic.org.au](mailto:accounts.armadale@perthcatholic.org.au)

Website: [sfxarmadale.org.au](http://sfxarmadale.org.au)

## PARISH TEAM

Fr Mark Baumgarten - *Parish Priest*  
Deacon Patrick Moore  
Deacon Errol Lobo  
Mrs Karen Daubney - *Parish Secretary*  
Mrs Julie Bogoni - *Parish Secretary*  
Mrs Helen Chew - *Parish Finance Officer*  
Ms Helen Lesniak - *Chi Rho Coordinator*

## WEEKEND MASSES

### ST FRANCIS XAVIER - Hilbert

Saturday: 6.00pm Vigil Mass  
Sunday: 7.30am, 9.30am & 6.00pm

### ST KEVIN - Serpentine

Sunday: 9.00am

## WEEKDAY MASSES

### ST FRANCIS XAVIER - Hilbert

Monday & Thursday: 8.00am  
Tuesday: 7.00pm  
Wednesday & Friday: 9.00am  
Saturday: 8.00am

## ADORATION

Wednesday: 9.30am - 12.30pm  
Saturday: 8.30am - 9.00am

## RECONCILIATION

### ST FRANCIS XAVIER - Hilbert

Saturday 8.30am - 9.00am & 5.00pm - 5.45pm  
Sunday 5.15pm - 5.45pm

### ST KEVIN - Serpentine

First Sunday of the month after 9am Mass

## BAPTISMS / MARRIAGES

By appointment; please contact the office.

## SCHOENSTATT SHRINE

9 Talus Drive, Mt Richon 6112  
Phone: 9399 2349 [www.schoenstattwa.org.au](http://www.schoenstattwa.org.au)  
Opening Hours: 7.00am - 8.00pm

**Mondays:** 6.45pm Rosary Cenacle & Divine Mercy 7.15pm - 8.15pm Silent Adoration with Exposition of the Blessed Sacrament

**Fridays:** 10.00am Holy Mass, followed by Exposition of the Blessed Sacrament until 8.15pm

## XAVIER CATHOLIC SCHOOL

271 Forrest Rd, Hilbert WA 6112  
Phone: 9391 7000  
E-mail: [admin@xavier.wa.edu.au](mailto:admin@xavier.wa.edu.au)

## SALVADO CATHOLIC COLLEGE

115 Abernethy Rd, Byford WA 6122  
Phone: 9526 4500  
E-mail: [admin@salvado.wa.edu.au](mailto:admin@salvado.wa.edu.au)

## ST JOHN BOSCO COLLEGE

170 Monticello Parkway, Piara Waters WA 6112  
Phone: 9234 9600  
E-mail: [admin@stjohnbosco.wa.edu.au](mailto:admin@stjohnbosco.wa.edu.au)

03/04 FEBRUARY 2024

5TH SUNDAY ORDINARY TIME - YEAR B

# READINGS

## First Reading

*Job 7:1-4,6-7*

Job began to speak:

Is not man's life on earth nothing more than pressed service,  
his time no better than hired drudgery?

Like the slave, sighing for the shade,  
or the workman with no thought but his wages,  
months of delusion I have assigned to me,  
nothing for my own but nights of grief.

Lying in bed I wonder, 'When will it be day?'

Risen I think, 'How slowly evening comes!'

Restlessly I fret till twilight falls.

Swifter than a weaver's shuttle my days have passed,  
and vanished, leaving no hope behind.

Remember that my life is but a breath,

and that my eyes will never again see joy.

## Antiphon to the Psalm:

*Psalm 146(147):1-6*

**Praise the Lord, who heals the broken-hearted**

## Second Reading:

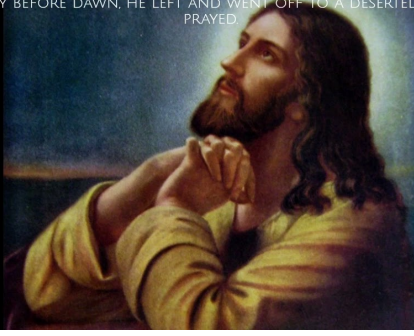
*1 Corinthians 9:16-19,22-23*

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me.

So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak: I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessings.

## GOSPEL MARK 1 29-39

RISING VERY EARLY BEFORE DAWN, HE LEFT AND WENT OFF TO A DESERTED PLACE, WHERE HE PRAYED.



### Gospel Acclamation

Matthew 8:17

**Alleluia! Alleluia!**

He bore our sickness,  
and endured our suffering.

**Alleluia!**

### GOSPEL

Mark 1:29-39

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them.

That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was.

In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.

## WEEKLY CALENDAR

**Monday, 05 February - St Agatha**

08.00am - Mass

**Tuesday, 06 February - St Paul Miki and companions**

04.00pm - Chi Rho Registration

04.00pm - Chi Rho Teens

05.30pm - Legion of Mary

07.00pm - Mass

07.30pm - Choir Meeting

**Wednesday, 07 February -**

08.30am - Rosary

09.00am - Mass

09.30am - Adoration

06.00pm - RCIA

**Thursday, 08 February - Sts Jerome Emiliani & Josephine Bakhita**

08.00am - Mass

**Friday, 09 February -**

08.30am - Rosary

07.00pm - Catholic Charismatic Renewal Group

**PRAY FOR THE SICK:** Please pray for those in our Parish 'Book of the Sick'. You are welcome to add names to this book in the church foyer and cross out names when prayers are no longer required.

**DEATH & ANNIVERSARY:** Prayers this week will be offered for **Norman Paul McKenzie, Yvonne Dowling, Barbara Hibbert, Gertie Somerville, Dennis Marshall, Zorica Remisko, Shirley Rae Chiera, Haleemah Foster, John Allan, Peter Stokes, Kenneth Ashby** and all our dearly departed, those recently deceased and those who have their anniversaries around this time. May all our dearly departed rest in the Lord's peace.

### St Francis Xavier Parish Armada

AFTER SCHOOL RELIGIOUS  
INSTRUCTION FOR  
CHILDREN ATTENDING  
SCHOOLS OTHER THAN  
CATHOLIC

**Chi Rho classes**

**commence**

**13 February 2024**

**REGISTER NOW**



BAPTISM PREPARATION FOR  
PRIMARY SCHOOL AGED  
CHILDREN

A maximum of 2 sacraments  
is allowed per year.

PREPARATION TO RECEIVE  
THE SACRAMENTS OF:

- RECONCILIATION
- FIRST HOLY COMMUNION
- CONFIRMATION

**PLEASE CONTACT THE  
PARISH OFFICE ON  
9399 2143**

**RECOMMENCING  
11 FEBRUARY**



YOUTH MINISTRY

**ARMADALE**  
YOUTH GROUP

2ND | 4TH | 5TH SUNDAY NIGHTS  
7.00 - 8.30 PM

**FUN | FOOD | FRIENDSHIP | FAITH**

ST FRANCIS XAVIER PARISH | 270 FORREST ROAD  
FOR EVERYONE IN YEARS 6-12

FOR MORE INFORMATION PLEASE CONTACT  
JEROME 0468 696 932



Our Parish Safeguarding Officers:

<b>ATU AMATO</b>	<b>0430 336 594</b>
<b>SMITHA EMPRAYIL</b>	<b>0422 364 078</b>
<b>REBECCA FURFARO</b>	<b>0431 905 142</b>
<b>WENDY MONGAN</b>	<b>0429 977 887</b>

Email: [sgo.armadale@perthcatholic.org.au](mailto:sgo.armadale@perthcatholic.org.au)

Armada Parish is committed to the safety and security of all children, young people and vulnerable adults.



**BAPTISM:** We welcome into God's family through the waters of Baptism this weekend:

- ♦ **Kai Mitchell O'Donnell**, son of Mitchell and Jaid O'Donnell

**WELCOME AND THANK YOU:** To **Fr Grant** who will be celebrating Mass at St Kevin's this weekend.

**CHILDREN'S LITURGY REGISTRATION 2024:** Children aged 5-8 years are invited to gather in the parish meeting room at the Sunday 9.30am Mass to have the Liturgy of the Word presented to them in a way that they can understand. Activities are used to highlight the theme of the Mass, the readings especially the Gospel, prayers and season. **Our first session for 2024 will be held this Sunday 5 February at 9.20am.** *To meet safeguarding requirements children must be registered and parental consent given (even if they attend on a casual basis). If your child/children would like to join the group, please complete a green registration form available in the foyer and return it to the office. Current families - if your contact details have changed or your child/children will no longer be attending, please notify the parish office.*

**SOCIAL COMMITTEE:** In recent years a group of very dedicated ladies were responsible for organising social events in the parish. Because of their efforts we enjoyed high teas, international food festivals, quiz nights and Christmas parties. We thank them for their generous service to the parish.

*We are now asking parishioners to bring their ideas, talent and energy to the parish by creating an 'EVENTS TEAM'. If anyone would be interested in assisting with providing food or organising even one social event this year, please add your details to the sign up sheet in the foyer.*

**TONGAN MASS:** The Tongan Community invite all parishioners to join them for Mass celebrated by Fr Csiale Kautai, **this Sunday at 1pm in SFX Church.**

**CHI RHO REGISTRATION DAY:** **This Tuesday, 6 February from 4-5pm.** Religious instruction and sacramental preparation for children attending non-Catholic schools is held on Tuesdays from 4pm to 5pm during term time. **If you would like your child to receive the Sacrament of Reconciliation, First Holy Communion or Confirmation please register now!** *Enrolment packs are in the foyer and on the website. If you pre-register you do not need to attend the registration days! Classes commence Tuesday 13 February.*

**BAPTISM PREPARATION FOR SCHOOL AGED CHILDREN:** The Archdiocesan Guidelines state that all children from year 2 and above must receive instruction prior to Baptism. In response, our parish requires any primary school aged children who would like to be baptized attend a ten-week baptism preparation program. **Classes commence 13 February.** The program will be held on Tuesdays from 4pm to 5pm. Following the end of the programme they will be baptized as a group during a 9.30am Sunday morning Mass. **Please register now!** Call the office or email [armadale@perthcatholic.org.au](mailto:armadale@perthcatholic.org.au)

**LEGION OF MARY:** Meets each **Tuesday at 5.30pm** in the parish meeting room. New members welcome! *Join the Rosary on Wednesdays & Friday at 8.30.*

**CHOIR MEETING:** A reminder that a representative from each group must attend the meeting **this Tuesday at 7.30pm.**

**MINISTRIES ROSTER:** *The next roster will commence in March.* Acolytes, Readers & Hospitality Ministers, please notify your respective coordinator if you are going away on holidays or there are changes to your work roster.

**ACOLYTES TRAINING:** Next **Saturday 10 February at 9.30am.** *All Acolytes are required to attend.*

**PROJECT COMPASSION 2024:** The launch for this year's appeal will be held **next weekend.** *Please take home a set of envelopes and/or a box for your donations.*

**LENTEN PREPARATION:** Lent is just around the corner! Join us in the meeting room on **Tuesdays at 1.30pm commencing on 13 February** and prepare well for Easter! This year we will be using the program 'Pieta' from the Archdiocese of Wollongong. \$5.00 per copy. *Sign up sheet is in the foyer.*

**ASH WEDNESDAY MASS TIMES:** For those of you who like to plan ahead, Mass will be celebrated in St Francis Xavier Church on **Wednesday 14 February at 8am, 9am** (with Xavier Catholic School) and at **7pm.**

**SAFEGUARDING DURING MASS:** It has been noted that children are going to the bathroom and even outside the church during Mass, by themselves. **Parents must accompany and supervise their children at all times.**

**SAFEGUARDING BOOK FOR PARENTS & CHILDREN:** 'You are God's marvellous creation' was released in 2021. The story book is aimed as a tool to assist parents to educate children aged 3-8 to protect their bodies. The books are designed for children to read together with their parents. *Copies are available in the foyer.*



**ST MARY'S CATHEDRAL TOUR VOLUNTEERS:** At our beautiful Cathedral, St Mary's, we have a very enthusiastic band of volunteers who conduct tours to schools, public and private organizations as well as the general public. This voluntary Ministry was founded in February 2011 and has grown over the years from two to eight tour guides; however, we are looking to increase our numbers. On **Tuesday 20th February at 10.30am** we will be conducting a tour followed by a light morning tea in the Cathedral's Parish Centre. *The aim of this "Open Day" is for those individuals who are perhaps retired or are available during the week and would like to find out more of what is involved, to come along to the fact-finding event.* You will be able to ask questions, meet the other guides and perhaps decide to join us. Your commitment would only be determined by your availability and may be just one tour every month or so for approximately 1½ hours. Of course, all necessary training and resources are provided.

To register your attendance, or for more information, please call Carol Wright, Tour Guide Co Ordinator on 0419 948 411 Email: [clwwright@bigpond.net.au](mailto:clwwright@bigpond.net.au)

# Children's Liturgy of the Word

## 'MASS FOR CHILDREN'

Children learn about and participate in all the elements of the Mass, and join the congregation in time for the Celebration of the Eucharist.

Registration & Safeguarding Consent Forms are available in the foyer

For children aged 5-8 years

Includes a craft activity focusing on the Gospel theme of the Sunday



### Sundays

during the school term

## 9.20am

## Meeting Room



## Parish Lenten Preparation Program

Tuesdays during Lent

1.30pm

Parish meeting room

All Welcome!

Booklets for personal reflection \$5 each on sale soon!

### WORKING WITH CHILDREN CARD

A reminder that all Acolytes | Catechists | Children's Liturgy | EMHC Ministers: Ministry to the Sick | Youth Leaders | Altar Servers 18+ are required to hold a **current Working With Children Card**. Please check your expiry and renew online. If you do not hold a current WWC card, you are unable to assist with your ministry until the office is in receipt of your valid card.

**All volunteers are required to sign a Safeguarding Personal Declaration Form. This is available in the foyer, please read the handbook, complete, sign and return to the parish office.**

SCHOENSTATT MOVEMENT

## WEEKEND MARIAN LENTEN RETREAT

JOIN LIKE-MINDED PEOPLE ON A LENTEN JOURNEY FOLLOWING CHRIST AND LISTENING TO THE HOLY SPIRIT LIKE MARY. THE PROGRAM WILL INCLUDE TALKS, FELLOWSHIP, PRAYER AND SILENCE.

VINCENTIANS RETREAT CENTRE,  
625 NETTLETON RD, KARRAKUP WA 6122

SATURDAY 2 MARCH, 9AM - MONDAY 4 MARCH 2PM

COST: \$120 PER PARTICIPANT

RSVP BY  
23 FEB

Contact To Register

Sr M Luka / srmluka@schoenstatt.org.au / 0439 537 843

Philomena / pd@theseira.family / 0417 936 757



SCHOENSTATT MOVEMENT

## GIRLS AFTERNOON IN LENT

GIRLS AGED 8-11 ARE INVITED TO JOIN A LENTEN GET-TOGETHER FILLED WITH FAITH AND FUN ACTIVITIES. PLEASE BRING ALONG A PLATE TO SHARE FOR AFTERNOON TEA.

SCHOENSTATT SHRINE  
9 TALUS DRIVE, MOUNT RICHON WA 6112

SUNDAY 17 MARCH, 1:30PM-4:30PM

COST: \$5 PER PARTICIPANT

RSVP BY  
11 MAR

Contact To Register

Sr M Luka / srmluka@schoenstatt.org.au / 0439 537 843



## Bring peace to communities in need



**catholic mission**  
Reach out. Give life.

In parts of Nigeria, ongoing conflicts between communities, marked by threats to safety and security, are all too common. Poverty, food insecurity, violent extremism, and tensions among ethnic groups have contributed to instability and violence. Beyond these challenges, our missionaries in Nigeria are facing fear and violence. In 2022 alone, four priests were killed, and 28 others were kidnapped. Amidst this danger, there are young seminarians who continue to answer their calling to the priesthood and to peace.

**Will you help train the next generation of church leaders who are dedicated to serving God and their communities?**

Your support assists seminarians in areas of conflict with formation, education and essential supplies to equip them on their journey to priesthood.

**To support seminarians in areas of conflict and help bring peace to communities in need, visit [catholicmission.org.au/peace](http://catholicmission.org.au/peace) or scan the QR code. To make an ongoing difference, please consider becoming a monthly Mission Partner.**